

For media inquiries, please contact:
Amy Ventetuolo, Link Public Relations
858-342-4723, amy@link-pr.com



FOR IMMEDIATE RELEASE

FitnessWave San Diego Gives Back, and Gives Local Athletes a Chance

FitnessWave San Diego Helps "Gear Up" Local Cycle Teams, Triathlete

San Diego, Calif.; (March 7, 2010): FitnessWave San Diego, the exclusive home of hydrostatic body fat testing in San Diego, is now giving back to the local community by becoming an official sponsor, three times over.

"During this time of economic downturn, we know that local athletes and competitive endurance teams need help more than ever," says FitnessWave San Diego owner, Iris Wilnai. FitnessWave San Diego is proud to partner with Rehab United and their Team E.X.C.E.L., which is an endurance race team competing primarily in the sports of triathlon, cycling, and running events.

Another cycle team FitnessWave San Diego is helping "gear up" for their 2010 racing season is the MCS Road Race Team, from Moment Cycle Sport in Point Loma. The main goal of the MCS Road Race Team is to promote and foster the sport of road racing in San Diego County. Team members participate in weekly group workouts and strength/functional training in order to make their 2010 racing season the best one yet.

In addition to both of these elite teams, one impressive young triathlete, Jason G. Lupo, caught FitnessWave San Diego's eye. Still in high school, Jason's passion and drive impressed Wilnai, and she couldn't help but contribute to this up-and-coming young athlete. "It's really an honor for us to give back to Jason, as well as the racing teams, to not only help them, but have a part in helping inspire all San Diegans to live a healthier lifestyle," remarks Wilnai.

FitnessWave San Diego, located in Kearny Mesa, is the exclusive location for hydrostatic body fat testing, along with other fitness testing services. For more information, you can visit www.GetDunkedSD.com, or call 858-573-9283.

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